

NORTH FORK 50 MILE/50K TRAIL RACE

Aid Stations

50K

<u>Station</u>	<u>Mile</u>	<u>Miles to Next</u>
Homestead	4.5	5.4
Buffalo Creek	9.9	5.8
Shinglemill (crew accessible)	15.7	4.2
Buffalo Creek	19.9	3.9
Miller Gulch (unmanned - water only)	23.8	4.8
Homestead (cutoff 8:15 p.m.)	28.6	2.9
Finish	31.5	

50 Mile

<u>Station</u>	<u>Mile</u>	<u>Miles to Next</u>
Homestead	4.5	5.4
Buffalo Creek	9.9	5.8
Shinglemill (crew accessible)	15.7	4.2
Buffalo Creek	19.9	3.9
Miller Gulch (unmanned - water only)	23.8	4.8
Homestead	28.6	2.9
Pine Valley (cutoff 3:20 p.m.)	31.5	2.7
Homestead	34.2	5.4
Buffalo Creek	39.6	2.7
Sandy Wash (cutoff 6:35 p.m.)	42.3	5.0
Homestead (cutoff 8:15 p.m.)	47.3	2.9
Finish	50.2	

Aid Station Locations

Homestead	Junction of Skipper, Homestead and Strawberry Jack Trails
Buffalo Creek	On Buffalo Creek Road at junction with Gashouse/Baldy Trail
Shinglemill	On FS 550 where Shinglemill Trail crosses
Miller Gulch	On Miller Gulch Trail near junction with Homestead Trail (west end)
Pine Valley	Pine Valley Ranch Park near finish area
Sandy Wash	On Buffalo Creek Road at junction with Sandy Wash Trail